

Educational Services related to

Behavioural Styles – Why can't THEY be more like ME?

by Dr. June Donaldson, Certified Mediator and Arbitrator and President,

Donaldson & Associates, Inc. 499 – 1919B – 4th St. SW

Calgary, Alberta, Canada T2S 1W4

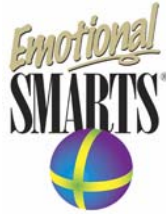
Tel: 403 287 2244 FAX: 403 287 1212

jad@emotionalsmarts.com www.emotionalsmarts.com

Most people conduct business and socialize with people they like, trust, and believe to be capable. Knowing one's behavioural style can enable you to send messages of likeability, trustworthiness, and competence.

As well, awareness of your behavioural style can help you demonstrate your emotional intelligence, enhance your personal and professional strengths, minimize your weaknesses, and gain greater endorsement from a wide range of people, internal and external to the organization. This interactive, informative, educational and fun session should enable you to:

- evaluate how you affect your own effectiveness with your primary behavioral style, your “back-up” style, and the high-tension style you demonstrate when you are involved in change, conflict, confusion, anxiety, frustration, and/or overwhelming times.
- assess how you impact others, and how they impact you with your behavioral styles.
- become a more influential leader by adopting behavioural strategies that reduce interpersonal tension.



- speak in a language that others relate to so as to encourage those around you to focus on the task or issue at hand.
- maximize time, minimize disruption, increase productivity, and gain greater endorsement and results from others with some simple-to-implement changes to your interpersonal style.

At the end of the day, most of us want to work comfortably and productively with a wide variety of people so we can get done what needs to be done – both personally and professionally. This powerful information on behavioural styles and how it links to our emotional intelligence is a critical interpersonal skill that enables us to understand how we interact with others and bring out the best in both ourselves and them.

The Presenter: Dr. June Donaldson is a Calgary based expert in the area of emotional intelligence with her work and trademark, known as “Emotional SMARTS!®”, distributed internationally. She is a Certified Mediator and Arbitrator having taken her training through the Alberta Arbitration and Mediation Society. Dr. June believes behavioural styles knowledge is critical and valuable information for anyone involved in influencing others (and who doesn’t fit that category?). Dr. June receives outstanding reviews on her work and over the years has received many recognitions and Board appointments. Most recently she participated in the Prime Minister of Canada’s Task Force on Women Entrepreneurs in Canada and currently she is a member of the International Women’s Forum (IWF).

If you would like to learn more about our broad range of educational tools and topical seminars, conference presentations, and leadership retreats, please contact us at 403 – 287 2244 or www.emotionalsmarts.com in Calgary, Alberta, Canada. Thank you!

